



## Proudly Serving the Waikiki Community Since 1978

310 Paoakalani Avenue • Honolulu, HI 96815  
808 923-1802 • [www.waikikicomunitycenter.org](http://www.waikikicomunitycenter.org)



**Due to ongoing construction, there may be date revisions made to some in-person activity & classes. Please be sure to check the included schedule for activity you are interested in attending. Mahalo**

A Message from Our President . . .

“Trust the wait. Embrace the uncertainty. Enjoy the beauty of becoming. When nothing is certain, anything is possible.” – Mandy Hale

Things are moving along with our bathroom/ADA construction! I took a photo in the doorway of what used to be the women’s and men’s bathrooms (page 3). I have to admit that I’ve been feeling pretty impatient these past few weeks. I want this project to be done already so we can welcome you all back. Each morning I peer through whatever doorway that’s ajar and hope that they will tell us it will miraculously be done sooner than expected. But instead, like all construction projects, they have estimated completion times and nothing is certain, especially with COVID shipping/supply issues and the fact that our building is ancient.

So instead, I’m trying to embrace “the now” by being present and appreciating the moment I’m in, rather than thinking about the one I want to be in. The quote above was such an appropriate message not only for what we are feeling about construction but for all of us who are tired of the roller coaster ride we’ve all been on the past few years.

A few weeks ago, we bid aloha to Jeff Aholo Apaka, the long-time member of our Waikiki Community Center ‘ohana. The son of a legendary music icon, Alfred Apaka, Jeff cared deeply about his father’s legacy, sharing Hawaiian culture, his dog Pono, WCC, and his family and friends. He will be missed. His passing has reminded me that life is too short to waste precious minutes complaining or wishing things were different. This reminder is all the more reason to enjoy the moments we are in.

So we are [patiently] awaiting your return to the Center! We appreciate your patience as dates, classes and activities are still being frequently adjusted. In the meantime, you will hear from us through this newsletter. For more frequent updates, be sure to opt-in to our email system (if you have received emails from us in the past few weeks you are already opted-in), and check out our website and social media.

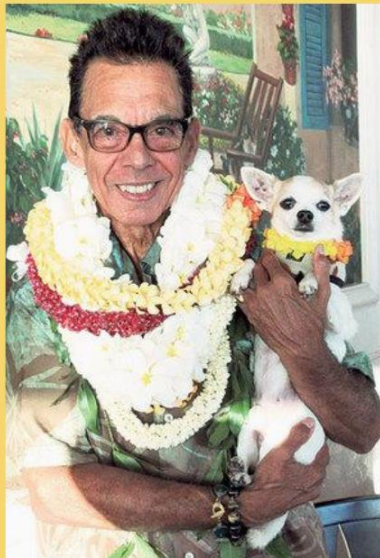
With warmest aloha,

*Caroline*

PS- For more on Jeff’s life and legacy, please see his memorial page on our website, where you may also leave a message in his honor. <https://www.waikikicomunitycenter.org/jeffapaka>

# *Honoring the Life and Legacy of* **JEFFREY AHOLO APAKA**

June 22, 1946 - January 30, 2022



Waikiki Community Center honors Jeff Apaka, son of legendary Hawaiian music icon Alfred Apaka. Jeff was a vocalist in his own right and headlined shows at the Royal Hawaiian Hotel, Maui Surf Hotel, and most recently entertained at the Hilton Hawaiian Village.

In December 2021, Jeff received the Hawai'i Academy of Recording Arts Lifetime Achievement Award in the Monarch Room at the Royal Hawaiian Hotel.

For more than 25 years, Jeff was the Director of Community Relations at the Waikiki Community Center. He started the long-running Ala Wai Challenge, a successful community competition/fundraiser, which later became the Duke Kahanamoku Beach Challenge at the Hilton Hawaiian Village.

Jeff was known to so many - from famous entertainers and cultural icons to WCC's kupuna, community members and staff, to his family and friends.

He touched the lives of many and will be remembered fondly.



**NEW!!!**

# KEIKI & PLOW TOUR

Thursday, May 12, 2022

Enjoy a walking tour of this private, working, organic farm, located in Hawaii Kai. Feed & interact with friendly farm animals, harvest produce, play with dirt and reconnect with the 'aina.

8:00 AM CHECK-IN AT WCC | 12:30 PM RETURN TO WCC

**\$45 BeST\* / \$55 General \***

includes roundtrip transportation, entry fee & sandwich lunch  
\*fees are non-refundable



Register by April 27 with the WCC office.  
Maximum participants: 25



Participants must provide proof of full COVID-19 vaccination and be able to enter/exit transportation independently or with the aid of a dedicated companion who accompanies the participant.



**SEATS ARE STILL AVAILABLE!**

**TOUR!**



Visit America's first aviation battlefield of World War II. See artifacts, read personal stories of the impact & response to the attack on December 7, 1941 and the Pacific battles that followed. Most importantly, honor those who have defended our freedom.

**Wednesday, March 16, 2022**

8:00 am check-in at WCC

1:30 pm return to WCC

**\$35 BeST / \$45 General**  
non-refundable

Lunch on own at the Museum Cafe (vegetarian options not available)

**Please register with WCC office by March 1, 2022.**  
Maximum participants: 24

GOVERNMENT PHOTO ID & PROOF OF FULL COVID-19 VACCINATION WILL BE REQUIRED  
AT TIME OF REGISTRATION WITH WCC AND AT ENTRANCE TO FORD ISLAND -  
MONITORED BY THE DEPARTMENT OF DEFENSE

Participants must be able to enter/exit transportation independently or with the aid of a dedicated companion who accompanies the participant.

**NEW!!!**

# HAWAII'S PLANTATION VILLAGE TOUR

Hawaii's Plantation Village is an outdoor museum telling the story of life on Hawaii's sugar plantation, circa 1850 to 1950



**FRIDAY, APRIL 15, 2022**

8:30 am Check-in at WCC / 1:30 pm Return to WCC

**\$40 BeST\* / \$50 General\***  
\*non-refundable

**Lunch on own at Mahi'ai Table**  
(in Ka Makana Ali'i - Kapolei)

Please register with WCC office by April 1, 2022

Maximum participants: 24

Participants must be fully vaccinated against COVID-19 and be able to enter/exit transportation independently or with the aid of a dedicated companion who accompanies the participant

**CONSTRUCTION – Week 2**



## BeST PROGRAM REGISTRATION (formerly known as “membership”)

In preparation for the return of in-person activity, we are announcing the opening of our BeST (Be STRONG TOGETHER) program. Enrollment in our BeST program will entitle you to published discounted class & activity fees in addition to complimentary admission to special activities.

**RE-OPENING SPECIAL!** The enrollment fee for 12-months is \$40 per person. WCC is extending a re-opening special rate of \$20 for 12 months, if registered by March 31, 2022. Please consider taking advantage of this 50% discount.

You are welcome to enroll during business hours, but please the office at 808-923-1802 to be sure construction has not forced staff to be out for the day. You may also enroll via email: [jokimura@waikikicommunitycenter.org](mailto:jokimura@waikikicommunitycenter.org).

## WHAT TO EXPECT WHEN AT WAIKIKI COMMUNITY CENTER (during COVID-19)

Please kokua by following a few requirements and guidelines while at WCC:

- Abide by temperature checks prior to entering the space where your class/activity will occur. Please understand that you will not be allowed into the activity space or remain on WCC property if your temperature registers 100.4 °F or higher;
- WCC requires proof of full vaccination against COVID-19. You are considered fully vaccinated following at least two (2) doses of Pfizer or Moderna vaccines or 2 weeks following a single dose of the Johnson & Johnson vaccine;
- Wear a face mask while on WCC property (indoor & outdoor);
- Remain a distance of at least 6 ft. from other participants;
- Please bring your personal filled bottle of water (water fountains are not available at this time);
- Eating is not allowed in any of our spaces during activity – outdoor and indoor;
- There will be a 10-minute arrival and departure window for every activity. Please refrain from socializing prior to or following your activity. Mahalo for your cooperation!

### TALK STORY with PETER APO



"WAIKIKI WAS, IS, AND WILL ALWAYS BE HAWAIIAN"

-George Kanahele

Much of Waikiki was swampland, including the neighboring valleys of Manoa and Palolo. Old Waikiki was the setting for one of Hawaii's historic battles in 1794.

Learn about this and much more from an expert in Hawaiian culture, Peter Apo.

Wednesday, March 9, 2022

1pm - 2:30pm

Free

Auditorium

Deadline to register is March 3, 2022  
Call 808-923-1802

Attendees must show proof of full COVID-19 vaccination & government photo ID prior to entrance

### TIPS FOR SUCCESSFUL AGING



A presentation by Dr. Greg Yuen on tips about brain function, diet, exercise, sleep and overall longevity

Wednesday, March 23, 2022

1:30 pm - 2:30pm

Free

Auditorium

Deadline to register with WCC office is March 16, 2022  
Call WCC office at 808- 923 -1802

Attendees must show proof of full COVID-19 vaccination & government photo ID prior to accessing this presentation



**BEGINS MARCH 2**



# Sound Bath Healing

with Kaori Isomura

Sound healing helps calm the mind & body and assists in the management of pain. Sound Healing has a scientific basis in neuroscience and physics. Sound energy healing focuses on creating vibrations that improve overall health physically & mentally.

**WEDNESDAYS**

**5:00 pm - 6:00 pm**

\$15 BeST / \$20 General  
Room 205-E

*Waikiki Community Center does not endorse any healing service, product or activity.*



# Garden Club

at Waikiki Community Center

**SIGN UP FOR  
WAITLIST TO JOIN**

Meets Monday & Saturday  
Free - Donation BeST/  
\$10 monthly General

**RETURNS FEBRUARY 23**

# ZUMBA FITNESS

with Miki Mahokey



**WEDNESDAYS**

**6:00 P.M. - 7:00 P.M.**

\$5 BeST / \$8 General  
Auditorium

**RETURNS APRIL 1**

BEGINNING

# TAHITIAN

DANCE CLASS



**FRIDAYS**

**12noon - 1:00 pm**

\$9 BeST / \$15 General  
Auditorium

Instructor: Nalini Gauthier of TAHITI MANA

**RETURNS FEBRUARY 24**

## GENTLE FLOW YOGA



*with Cecilia Brown*

Thursdays  
10:00 a.m. – 11:00 a.m.  
\$5 BeST / \$8 General  
Room 202-E

**RETURNS MARCH 7**

## PILATES I

with Helen Murray



MONDAYS  
9:00 A.M. – 10:00 A.M.  
\$5 BeST / \$8 General  
Room 202-E

**BEGINS APRIL 1**

## LINE DANCE CLASS

with Lorna & Alex

cha cha, tango, country, & more!



FRIDAYS  
9:00 am – 11:00 am  
\$4 BeST / \$7 General  
Auditorium

**RETURNS MARCH 4**

## PILATES II

with Helen Murray



FRIDAYS  
9:00 A.M. – 10:00 A.M.  
\$7 Best / \$10 General  
Room 202-E



# ZUMBA GOLD

WITH  
ROBIN BUSH

beginning March 12  
**SATURDAYS**

**10:30AM - 11:30AM**

\$6 BeST / \$9 General  
Auditorium

beginning April 7  
**THURSDAYS**

**9:00AM - 10:00AM**

\$6 BeST / \$9 General  
Auditorium

**RETURNS FEBRUARY 26**

# Tai Chi with Steve



**Saturdays**

**9:00 a.m. - 10:00 a.m.**

\$5 BeST / \$8 General  
Auditorium

**RETURNS APRIL 14**

# SENIOR MOVES with Trish



**THURSDAYS**

**1:00 p.m. - 2:00 p.m.**

Auditorium  
**Free!**

**CONTINUING MARCH 1**

# FREE! SHRED-IT TUESDAY

## DOCUMENT SHREDDING

Paper Documents (up to 100 sheets per month)



First **TUESDAY** of each month

**9am - 12noon**

Auditorium

This service is provided in partnership with  
AARP Hawaii for the prevention of fraud and  
identity theft of senior individuals



## **HULA with NALANI**

(intermediate class)

**MONDAY**

**9am - 10:15am**

**\$9 BeST / \$15 General**  
Auditorium

**Returning April 2022**



## **HULA** **with NALANI II**

(advanced class)

**WEDNESDAY**

**11am - 12:15pm**

**\$10 BeST / \$20 General**  
Auditorium

**Returning April 2022**

### **NEW SESSION**

virtual classes



## **ENGLISH AS A SECOND LANGUAGE**

instructor: Donna Prather

ESL will have lesson plans built around common topics such as food, hobbies, travel, etc. Develop listening, speaking & some reading skills.

**NEW On-line Session - 6 weeks**

**TUESDAYS from 10:00 am - 11:00 am**

**March 8, 15, 22, 29, April 5, 12**

**(6-weeks) \$65 BeST\* / \$80 General\***

**\*non-refundable**

Please register in advance in-person at the WCC office, by phone 808-923-1802 or email: [jokimura@waikikicommunitycenter.org](mailto:jokimura@waikikicommunitycenter.org)

### **NEW SESSION**

VIRTUAL

## **ENGLISH CONVERSATION CLASS**

With Donna Prather



Spoken English classes provides extra support with your conversation skills.

Participants must be able to form simple sentences.

**6-Week On-line Course:**

**THURSDAYS from 10:00am - 11:00am**

**March 10, 17, 24, 31, April 7, 14**

**\$20 BeST\* / \$35 General\***

**\*non-refundable**

Please register in advance in-person at the WCC office, by phone 808-923-1802 or email: [jokimura@waikikicommunitycenter.org](mailto:jokimura@waikikicommunitycenter.org)



CONTINUING MARCH 15

# SOCIAL PAINTING

Non-instructional  
Provide your own supplies

**TUESDAYS**  
**10am – 2pm**  
\$4 BeST / \$6 General  
Lanai

CONTINUING MARCH 16



**WEDNESDAYS**  
**1pm - 3pm**

\$3 BeST / \$5 General  
Lanai

Great mind & memory booster  
Enrich your vocabulary

CONTINUING MARCH 14

# Rummikub



**MONDAYS**  
**12pm - 2pm**  
\$3 BeST / \$5 General  
Lanai

Rummikub is a tile-based game combining  
elements of rummy, the card game &  
mahjong – involving strategy and luck

HAVE FUN! KEEP YOUR BRAIN ACTIVE!

RESUMING APRIL 12

## *Waikiki Neighborhood Board Meeting*

**EVERY 2ND TUESDAY  
OF EACH MONTH**

**7:00 pm - 9:00 pm**  
**Auditorium**

## WCC FREE VIRTUAL LIVE WEEKLY and SPECIAL CLASSES (via Zoom)

### **SENIOR MOVES with TRISH** (Virtual thru April 11; In-person only classes begin April 14 – Thursdays only)

Gentle chair exercises to help with balance, circulation, posture and fall prevention.

To join via Zoom, visit the WCC website: [www.waikikicommunitycenter.org/upcoming-live-virtual-events](http://www.waikikicommunitycenter.org/upcoming-live-virtual-events)

**Mondays at 9:00am – 10:00am (HI time zone) thru April 11 – last virtual Monday class**

**Thursdays at 1:00pm – 2:00pm (HI time zone) continuing virtually until further notice. Will also resume in-person from April 14.**

### **ZUMBA GOLD with ROBIN BUSH**

**Monday, Tuesday, Thursday, Friday & Saturday at 10:00am (HI time zone)**

To register for Zoom link, contact Robin at 808-949-2161 or [pcrobin@gmail.com](mailto:pcrobin@gmail.com)

### **ZUMBA GOLD and SENIOR STRONG COMBO with ROBIN BUSH**

**Thursdays from 10:00am (HI time zone)**

To register for Zoom link, contact Robin at 808-949-2161 or [pcrobin@gmail.com](mailto:pcrobin@gmail.com)

### **ZUMBA GOLD and GOLD TONING COMBO with ROBIN BUSH**

**Saturdays from 10:00am (HI time zone)**

To register for Zoom link, contact Robin at 808-949-2161 or [pcrobin@gmail.com](mailto:pcrobin@gmail.com)

### **K-POP PILATES with ROBIN BUSH**

**Saturdays at 11:30am (HI time zone)**

To register for Zoom link, contact Robin at 808-949-2161 or

### **ORIGAMI with CRYSTAL**

**Tuesdays – March 8 and March 22 from 2:00pm to 3:00pm (HI time zone)**

All that is needed is a square paper or dollar bill to create beautiful origami projects.

To join via Zoom, visit the WCC website: [www.waikikicommunitycenter.org/upcoming-live-virtual-events](http://www.waikikicommunitycenter.org/upcoming-live-virtual-events)

### **LETTUCE TALK – Grab your lunch and join us for a social hour with friends**

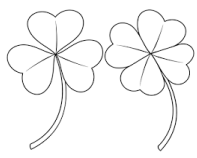
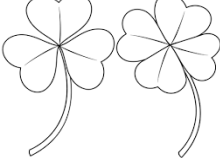

**Wednesdays from 12noon – 1:00pm (HI time zone)**

To join via Zoom, visit the WCC website: [www.waikikicommunitycenter.org/upcoming-live-virtual-events](http://www.waikikicommunitycenter.org/upcoming-live-virtual-events)

*Aloha!*



MARCH 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9am - 10am <b>PILATES I</b> \$5 / \$8 202E (returns 3/7)	First Tuesday of each month 9am - 12noon <b>SHRED-IT</b> <b>Document Shredding for Fraud Prevention</b> Free (continuing 3/1)	9am - 10am <b>TAI CHI with STEVE</b> \$5 / \$8 Auditorium (begins 4/13)	9am - 10am <b>ZUMBA GOLD</b> \$6 / \$9 Auditorium (returns 4/7)	9am - 10am <b>PILATES II</b> \$7 / \$10 202E (returns 3/4)	10am - 2pm <b>GARDEN CLUB</b> Free- Donation BeST / \$10 monthly General Lanai (waitlist to join)
9am - 10:15am <b>HULA with NALANI (Intermediate)</b> \$9 / \$15 Auditorium (returns April 2022)	<b>NEW!!!!</b> 10am - 11am <b>BEGINNING UKULELE</b> (8-week course) \$48 / \$64 205E (Feb. 22 - Apr. 12)	11am - 12:15pm <b>HULA with NALANI II (Advanced)</b> \$10 / \$20 Auditorium (returns April 2022)	10am - 11am <b>GENTLE FLOW YOGA</b> \$5 / \$8 202E (returns 2/24)	<b>NEW!!!!</b> 9am - 11am <b>LINE DANCE</b> Auditorium \$4 / \$7 (begins 4/1)	9am - 10am <b>TAI CHI with STEVE</b> \$5 / \$8 Auditorium (returns 2/26)
10am - 12pm <b>GARDEN CLUB</b> Free-Donation BeST/ \$10 monthly General Lanai (waitlist to join)	10am - 2pm <b>SOCIAL PAINTING</b> \$4 / \$6 Lanai (continuing 3/15)	1pm - 3pm <b>SCRABBLE</b> \$3 / \$5 Lanai (continuing 3/16)	1pm - 2pm <b>SENIOR MOVES with TRISH</b> Free Auditorium (continues 4/14)	12noon - 1pm <b>BEGINNING TAHITIAN DANCE</b> \$9 / \$15 Auditorium (returns April 1)	1030am - 1130am <b>ZUMBA GOLD</b> \$6 / \$9 Auditorium (returns 3/12)
12n - 2pm <b>RUMMIKUB</b> \$3 / \$5 Lanai (continuing 3/14)	1pm - 2pm <b>EMERGENCY FOOD PANTRY</b> (on pause during renovation construction)	<b>NEW!!!!</b> 5pm - 6pm <b>SOUND BATH HEALING</b> \$15 / \$20 205-E (begins 3/2)	<p><i>Proudly serving the Waikiki community</i></p> <p><i>since 1978</i></p>		
<b>HOLIDAY CLOSURE</b> Monday, February 21 in observance of the President's Day holiday	7pm - 9pm <b>WAIKIKI NEIGHBORHOOD BOARD MEETING</b> Every 2nd Tuesday Auditorium (returns 4/12)	6pm - 7pm <b>ZUMBA FITNESS</b> \$5 / \$8 Auditorium (returns 2/23)			
				<b>HOLIDAY CLOSURE</b> Friday, March 25 in observance of the Prince Kuhio Day holiday	

- March 9 TALK STORY with PETER APO "Waikiki was, is and will always be Hawaiian", 1pm-230pm, Free, Auditorium;
- March 16 PEARL HARBOR AVIATION MUSEUM TOUR, check-in @ 8am, \$35 Best/\$45 General;
- March 25 PRINCE KUHIO HOLIDAY observed, No classes/WCC closed;
- March 23 TIPS FOR SUCCESSFUL AGING, 130pm - 230pm, Free, Auditorium;
- April 15 HAWAII'S PLANTATION VILLAGE TOUR, check-in @ 830am, \$40 BeST / \$50 General;
- Apr 20 THRIVE FOR LIFE, 1pm - 2pm, Free, Auditorium;
- May 12 KEIKI & PLOW TOUR, check-in @ 8am, \$45 BeST / \$55 General